

BRIGADOON'S

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MARYLAND STYLE STEAMED CRABS

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A FULL LINE OF BAIT & TACKLE

Welcome Y'all



6101 S. US 1
HARBOR OAKS
(386) 767-9088

Incredible Edibles

VARIETY'S THE VERY SPICE OF LIFE

-William Cowper

"The trade winds brought people from Africa and Europe to the new world. It scattered them to all the Islands of the Caribbean: from Grand Bahama in the north to Trinidad-Tobago in the south, from Barbados in the east, to Cuba and the Florida Keys in the west.

"People brought their own spices, ingredients, and ideas for preparing their food to all the Islands of the Caribbean, each developing its own unique flavors and cuisine. Today you can visit restaurants throughout the Islands and know where you might be from the taste of the food. It may be Kingston or Port of Spain; Orient or Key West; Nassau or St. George.

"We love these Islands; the people, their culture, and their food - especially their food! We could not bring you the people or the beaches, but we can bring you their food. You'll find it inside the menu and soon on your table.

"We hope you enjoy your dining experience."

Doris & Barry Mayer & Sue & Craig Miller.

The above was written on a menu given to us by a very good friend, many moons ago, to encourage us to give her favorite new restaurant, TRADE WINDS GRILLE, a try. It takes us a while to get around to things, but now that we have been there (1425 Hand Avenue, Ormond Beach) we wished that we had given it a try much earlier.

To answer the statement above - We more than enjoyed our dining experience because of several very important reasons. First - the ambiance, the cleanliness, the decor, very friendly greeter and waitress, and seeming peacefulness! Next the service was so fast it seemed unreal.

We were immediately treated to slices of banana bread with a cinnamon frosting (unique!). It was good as it sounds. Next came

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TIDE TABLE

*TIMES BY PONCE INLET POWER SQUADRON AND ALL LOCAL TIMES ARE AT THE INLET ITSELF. TIMES WILL HAVE TO BE ADDED FOR ALL OTHER LOCATIONS

July 21 - August 17, 2008

			HIGH		LOW		SUN RISE	SUN SET
			A.M.	P.M.	A.M.	P.M.		
LAST QTR 25th	21.	Mon	10:42	11:02	4:34	4:37	6:37	8:27
	22.	Tues	11:25	11:43	5:12	5:24	6:38	8:26
	23.	Wed	12:09	----	5:54	6:16	6:38	8:26
NEW MOON 1st	24.	Thurs	12:26	12:58	6:42	7:15	6:39	8:25
	25.	Fri	1:14	1:51	7:34	8:19	6:40	8:25
	26.	Sat	2:07	2:51	8:31	9:23	6:40	8:24
	27.	Sun	3:08	3:57	9:31	10:27	6:41	8:23
	28.	Mon	4:15	5:04	10:32	11:29	6:41	8:23
FIRST QTR 8th	29.	Tues	5:23	6:09	11:33	----	6:42	8:22
	30.	Wed	6:27	7:08	12:29	12:34	6:43	8:21
	31.	Thurs	7:27	8:03	1:26	1:32	6:43	8:21
	1.	Fri	8:24	8:55	2:20	2:28	6:44	8:20
	2.	Sat	9:19	9:45	3:09	3:20	6:45	8:19
	3.	Sun	10:11	10:32	3:55	4:11	6:45	8:18
	4.	Mon	11:01	11:16	4:40	5:01	6:46	8:17
	5.	Tues	11:48	11:59	5:24	5:52	6:46	8:17
	6.	Wed	12:34	----	6:08	6:46	6:47	8:16
	7.	Thurs	12:42	1:19	6:54	7:41	6:48	8:15
FULL MOON 16th	8.	Fri	1:25	2:06	7:42	8:36	6:48	8:14
	9.	Sat	2:10	2:57	8:32	9:30	6:49	8:13
	10.	Sun	3:00	3:51	9:22	10:21	6:50	8:12
	11.	Mon	3:54	4:46	10:13	11:12	6:50	8:11
	12.	Tues	4:50	5:38	11:03	----	6:51	8:10
	13.	Wed	5:43	6:27	12:00	11:53	6:51	8:09
	14.	Thurs	6:34	7:12	12:47	12:42	6:52	8:08
	15.	Fri	7:21	7:55	1:30	1:28	6:53	8:07
	16.	Sat	8:06	8:36	2:11	2:12	6:53	8:06
	17.	Sun	8:50	9:16	2:49	2:55	6:54	8:05

the salads - cold things cold - A+ & very large & tasty.

Amazingly hubby skipped the "Kingston Shrimp Platter" for "Puerto Rico Pork Chops." (Three - count 'em - 3 boneless, center cut, pork chops, spiced Island style, char broiled and served with garlic mashed potatoes.) Well, you would have thought he had ordered the shrimp he was purring so. He also enjoyed two of them the next day for supper at home.

I spotted the "2 hand made jumbo LUMP crab cakes served with Tradewinds Rice & Key West Sauce" on the large menu selections." and decided to give it a try. **THEY WERE THE INCREDIBLE EDIBLES OF THE EVENING!**

These folks really know how to distribute Island spices to make a meal very enjoyable. Hubby didn't "oooooh" one bit with his pork chops, but I took one tiny bite and our delightful waitress came running with more water. I tried one tiny bite at home and remembered an article I had read saying that water makes the hot hotter, but that milk was the soother. Amazingly it worked! This is just an aside - you might want to order a small glass of milk if you order something that sounds hot, hot, hot! Hubby is still "discombobulated" with my actions!

We opted to take our dessert choice home and enjoyed it immensely hours later. It was sinful. A "LOADED" brownie! We slept VERY WELL that evening, you bet we did.

Lunch is served from 11 -4 pm - and there are some very interesting sandwiches, soups, salads and starters on the menu.

You might even want to stop in for one of their astonishing desserts and a cup of coffee to happily end a busy day. Why not picture yourself taking mouth watering bites of their SPICED RUM CAKE. It's a traditional Caribbean favorite served warm with fresh berries, ice cream, and whipped cream?

This incredible restaurant is located on the East end of the Hand Avenue Center North Mall; call (386) 677-2882, FAX (386) 677-2996, or e-mail: Tradewindsgrille@tradewindsgrille.com. They are open every day from 11 a.m until 9 p.m. but closed on Sunday. It's very handicapped accessible, and there are plenty of parking spaces.

See you there? We will be in the comfy booth in the front window.